

Redwood City School District Meals Are Free For All Students Lunch Menu For the Week of: November 15th—November 19th

Students can select from a variety of fruits and vegetables. Locally grown items are offered when possible. All breads, pasta, and rice served are whole grain. Products do not contain trans fats and nothing is fried. Every school serves local NY Pizza once a week. NY pizza is made with a whole grain crust pizza topped with low fat mozzarella cheese. Your schools Pizza day is listed on the last row of the menu . Vegetarian entrees are noted with a **V**

Monday	Tuesday	Wednesday	Thursday	Friday
November 15	November 16	November 17	November 18	November 19
100% All Beef Cheeseburger	Chicken Nuggets	Chicken Burger offered Plain and Spicy	Orange Chicken offered with Rice	Taco Nada
Soft Tacos and Soft Bean Tacos V	Bean and Cheese Nachos V	Pasta with Marina-ra Sauce offered with Cheese V	Bean and Cheese Burrito V	Cheese Pizza V
Tuna Sandwich	Natural Cured Turkeyham & Cheese Sandwich	Sunflower Seed Spread & Jelly Sandwich V	Turkey & Cheese Sandwich	Natural Cured Turkeyham & Cheese Sandwich
<i>NY Pizza Day</i> Garfield Orion	<i>NY Pizza Day</i> Roy Cloud Clifford	<i>NY Pizza Day</i> Adelante Selby Hoover	<i>NY Pizza Day</i> Henry Ford Fair Oaks Campus Taft	<i>NY Pizza Day</i> Roosevelt

**Harvest
of the
Month™**



Persimmons are this months local grown seasonal item that will be available as one of the fruit and vegetable offering in late November and early December. This featured item will be grown in California.

This menu is subject to change. Currently Child Nutrition Services is experiencing product shortages due to disruptions in the supply chain and also labor shortages . We regret having to do so but at times we must change the days menu